**Take time for 12 things**

Take time to THINK -

 It is the source of power.

Take time to PLAY -

 It is the secret of youth.

Take time to READ -

 It is the foundation of knowledge.

Take time to HELP and ENJOY FRIENDS

 It is the

Take time to DREAM -

 It is the

Take time to LAUGH -

 It is the

Take time to PLAN -

 It is the

Take time to CHILL -

 It is the

Take time to BOUNCE -

 It is the

Take time to

 It is the

Take time to

 It is the