



Snaith Primary School
Bourn Mill Balk Road
Snaith
Goole
DN14 9RD

Tel: (01405) 860452

e-mail: snaith.primary@eastriding.gov.uk

Headteacher: Mrs Helen Calpin

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Dear Parents and Carers,

As you may recall, about a year ago we sent out a copy of our whole school PSHE (Personal, Social and Health Education) and RHSE (Relationships, Health and Sex Education) policy and curriculum for consultation with the wider school community before we implemented it at a whole school level.

Following very positive feedback, we have successfully implemented this policy and curriculum in full this academic year with fantastic results. The school governors recently audited the impact of the curriculum so far and identified an extremely positive picture in every year group across school, with our children speaking confidently, knowledgeably and respectfully about their health, relationships and how to keep safe.

This term we will be teaching the 'Changing Me' section of the curriculum in each year group. This topic is part of the compulsory Relationships, Health and Sex Education curriculum which became statutory in all primary schools in September 2020. This part of the curriculum ensures that we teach children about positive, healthy relationships from an early age in order to help keep them safe, happy and healthy as they mature and focuses on how we change as we grow.

This term, each year group will learn the following:

- Nursery and Reception - Growing up: how we have changed since we were babies.
- Year 1 - Boys' and girls' bodies; correct names for body parts.
- Year 2 - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

Linked to safeguarding, we also deliver the NSPCC 'Pants Talk', to support children in understanding that their bodies are special and private to them. This explains that everyone has a right to privacy and the need to tell a trusted adult if they ever feel uncomfortable or their privacy is compromised.

- Year 3 - How babies grow inside the womb (this topic **will not** cover conception).
- Year 4 - Internal and external reproductive body parts; puberty and menstruation. Children learn primarily about changes inside the body in preparation for menstruation and that male and female bodies carry specific genetic material that together creates new life. (Sexual intercourse and the birth of the baby **are not** taught in this year group.)



- Year 5 - Puberty for boys and girls in more detail including the hormonal, social and emotional aspects of becoming an adolescent. Girls and boys learn about the changes for both genders.
- Year 6 - Puberty for boys and girls revisited; becoming a teenager; how a baby is conceived and born (drawing on knowledge of the human lifecycle and reproduction as set out in the National Curriculum for Science). It is only in Y6 that children will be taught the scientific facts of conception and the responsibilities relating to this.
Where possible the delivery of this learning is supported by the School Nurse. We will be sending parents of children in Y6 links to the material that will be shared with children in advance.

All lessons are taught using correct terminology, child-friendly language and diagrams. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning.

As part of the teaching this half terms theme, we provide a relaxed and safe space for children to ask questions, and staff will answer in as honest and open way as is appropriate. At no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home.

In teaching RSHE in school, we take account of children's cultural and religious backgrounds and beliefs to ensure that teaching is sensitive, inclusive and respectful of all, while also ensuring that teaching reflects the laws relating to relationships.

Please also see the attached leaflet from the Jigsaw Programme for further information on Relationships, Health and Sex Education and some suggestions on ways in which to approach these topics in discussion at home.

If you have any questions about the content of the lessons that will be covered this half term, please speak to your child's class teacher, Mrs Sherlock (who is the PSHE and RSHE leader in school) or Mrs Calpin, who will all be happy to share further information or answer any questions that you may have.

Yours sincerely

Jenny Sherlock

PSHE and RSHE Leader

